

Week 1

Weekly Menu

	Monday 09/28/20	Tuesday 9/29/20	Wednesday 9/30/20	Thursday 10/1/20	Friday 10/2/20
Day Breakers	Spinach & Mushroom Omelet Flatbread \$3.49	Everything Egg Casserole \$3.49	Egg, Ham & Cheese Quesadilla \$3.49	Banana Pancakes \$3.49	Steak, Egg & Cheese Croissant \$3.99
	Scrambled, Hardboiled, and Cheese Eggs, Breakfast Potatoes, Bacon, Sausage, and other Early Morning Favorites Served Daily				
<i>Main Plate</i>	Hand Carved Balsamic Marinated Flank Steak Thinly Sliced to Order \$7.49 Combo \$5.49 A la Cart	Baked Potato Bar Baked Potatoes Topped with Choice of Protein & Traditional Toppings \$6.49 Combo \$4.49 A la Cart	Chicken Cacciatore Breast of Chicken in a Rich Tomato, Pepper & Mushroom Sauce \$6.49 Combo \$4.49 A la Cart	"/1	Almond Crusted Salmon w/ Thyme & Lemon Butter \$8.49 Combo \$6.49 A la Cart
<i>Main Plate</i>	Three Cheese Lasagna Mozzarella, Parmesan & Ricotta \$6.49 Combo \$4.49 A la Cart		Parmesan Crusted Cod \$6.49 Combo \$4.49 A la Cart	Loaded Pierogi Bake Mini Pierogi w/ Bacon, Scallion & Cheddar Cheese in a Cream Cheese Base \$7.49 Combo \$5.49 A la Cart	Traditional Mac & Cheese Topped with Stewed Tomatoes \$6.99 Combo \$4.99 A la Cart
J. CLARK'S GRILLE	Broccoli & Cheese Quesadilla Mozzarella, Monterrey, Broccoli & Fresh Cilantro in a Flour Tortilla \$5.49	Alpine Burger Beef Burger Topped w/ Mushrooms & Swiss Cheese \$5.49	Three Cheese Grilled Cheese Provolone, Cheddar & Gouda on Texas Toast \$5.49	Traditional Gyro Beef & Lamb Gyro w/ Tzatziki Sauce, Onion, Lettuce & Tomato \$5.49	Coney Island Burger Beef Burger Topped with Coney Island Chili \$5.49
MARKET ST. DELI	Grilled Chicken & Slaw Wrap Marinated Grilled Chicken Breast w/ Asian Slaw in Tortilla \$5.49	Portobello and Fresh Mozzarella Roasted Portobello Mushroom, Fresh Mozzarella and Caramelized Onions on a Pretzel Roll \$5.49	BBQ Turkey Flatbread Stack Shaved Turkey, Coleslaw and BBQ Sauce in A Flat Bread Fold \$5.49	Italian Sub Wrap Turkey, Ham, Salami, Provolone Cheese, Lettuce, Tomato, Onion, and Italian Dressing \$5.49	Chesapeake Seafood Salad Sandwich Seafood Salad with Your Choice of Cheese, Green Peppers, and Sweet Tartar Sauce on a Kaiser Roll \$6.49
VILLA TOSCANA	Pepperoni Pizza Mozzarella, Tomato Sauce and Pepperoni \$4.09	Spinach Ricotta Pizza Pizza Topped w/ Spinach, Ricotta, Tomato and Cheese Blend \$4.09	Vegetable Supreme Mushrooms, Peppers, Tomatoes, Onions, and Black Olives \$4.09	BBQ Ranch Chicken Pizza Grilled Chicken, Cheddar Jack Cheese, Bacon and Olives Drizzled with Ranch \$4.09	California Pizza Artichoke, Avocado, Sundried Tomato, Peppers & Cheese on a Pesto Base \$4.09
du Jour	Black Bean & Sausage	Beef Chili	Chicken Tortellini	Mediterranean Chickpea	Chicken Noodle Soup
	Chicken Noodle Soup 12oz. / \$1.86 16oz. / \$2.24	Chicken & Corn Chowder 12oz. / \$1.86 16oz. / \$2.24	Cream of Tomato Soup (VB) 12oz. / \$1.86 16oz. / \$2.24	Rueben Soup 12oz. / \$1.86 16oz. / \$2.24	Maryland Crab 12oz. / \$1.86 16oz. / \$2.24
<p>Thoroughly cooking meats, seafood, and eggs reduces risk of foodborne illness</p>				<p>SCAN ME WITH YOUR PHONE</p> 	