

Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Day Breakers	Pumpkin French Toast \$3.49	Cajun Breakfast Veggie Wrap \$3.49	Steak, Egg & Cheese Frittata \$3.49	Mushroom & Swiss Egg Scramble \$3.49	Tuscany Omelet \$3.49
Scrambled, Hardboiled, and Cheese Eggs, Breakfast Potatoes, Bacon, Sausage, and other Early Morning Favorites Served Daily					
<i>Main Plate</i>	★ Vegetable Lo Mein Traditional lo mein with fresh vegetables, garlic, ginger and soy sauce. \$6.49 Combo \$4.49 A la Carte	Broccoli Alfredo Pasta Bake Broccoli florets tossed with alfredo sauce, pasta and mozzarella and baked in the oven. \$6.49 Combo \$4.49 A la Carte	★ Chicken Parmesan Baked breaded chicken breast topped with marinara and mozzarella. \$6.49 Combo \$4.49 A la Carte	Chili Lime Beef Oven roasted carved to order. \$6.49 Combo \$4.49 A la Carte	★ Salisbury Steak Culinary inspired salisbury steak \$6.49 Combo \$4.49 A la Carte
<i>Main Plate</i>	Kung Pao Chicken Spicy chicken with peanuts & vegetables. \$6.49 Combo \$4.49 A la Carte	★ Chicken Monterey Baked chicken breast topped with avocado and monterey jack cheese. \$6.49 Combo \$4.49 A la Carte	Tri Color Stuffed Peppers Stuffed with rice, ground beef and topped with tomato sauce. \$6.49 Combo \$4.49 A la Carte	★ PA Dutch Chicken Pot Pie Creamy chicken and vegetables with farfalle pasta \$6.49 Combo \$4.49 A la Carte	Salmon Cake Cajun dijon baked salmon cake with spicy tartar sauce. \$8.49 Combo \$6.49 A la Carte
J. CLARK'S GRILLE	Reuben Burger Grilled burger with corned beef, swiss, sauerkraut and 100 island on a hamburger bun \$6.49	Fall Into Flavor Turkey, cheddar, bacon, barbecue sauce panini	French Dip Tender slow roasted beef served with Au Jus dipping sauce \$5.49	Maple Glazed Turkey Burger Turkey Burger topped with roasted onions, whole grain mustard & a sweet maple glaze on a whole grain roll	Spinach and Goat Cheese Quesadilla Quesadilla stuffed with mozzarella, spinach goat cheese, mushrooms, onions and red peppers. \$5.49
MARKET ST. DELI	Waldorf Chicken Salad Pita Shredded chicken breast, grapes, walnuts, celery and pepper aioli in a pita pocket \$5.49	California Club Croissant Turkey, avocado, applewood bacon, lettuce, tomato, and Southwest mayo on a croissant. \$5.49	Chef Salad Wrap Mixed greens with ham, turkey, cheese and chopped egg, cucumbers and tomatoes \$5.49	Roast Beef, Blue Cheese, Caramelized Onions Served on a baguette \$5.49	Chicken Caesar Wrap Grilled chicken with chopped romaine, parmesan cheese & caesar dressing rolled in a flour tortilla. \$5.49
VILLA TOSCANA	Chicken Pesto Seasoned chicken, mozzarella and pesto. \$4.09	Pepperoni Pepperoni, mozzarella, & pizza sauce \$4.09	Broccoli & Cheese White Pizza Alfredo sauce, broccoli and mozzarella. \$4.09	Cheesesteak Philly steak, with mozzarella, cheddar/jack blend, pizza sauce and fresh tomatoes. \$4.09	Chicken Fajita Grilled chicken, peppers, onions, mozzarella, cheddar/ jack blend and salsa. \$4.09
duJour	Minestrone Chicken Noodle	Broccoli & Cheese Beef Chili	Chinese Chicken Soup Cream of Tomato	Hearty Turkey Barley Sweet Corn Soup	New England Clam Chowder Stuffed Pepper

Dietician's Choice



★ OLDER ADULT



Better-for-You Choices at Every Meal

Thoroughly cooking meats, seafood, and eggs reduces risk of foodborne illness

