

# Weekly Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>#1 Main Plate</b>	<b>Vegetable Lo Mein</b> Mushroom, Bell Pepper, Carrots, Bean Sprouts & Green Onions <b>\$6.49 Combo</b> <b>\$4.49 A la Cart</b>	<b>Broccoli &amp; Alfredo Pasta Bake</b>  <b>\$6.49 Combo</b> <b>\$4.49 A la Cart</b>	<b>Chicken Parmesan</b> Lightly Breaded Chicken Cutlets Topped with Fresh Mozzarella Cheese and Marinara Sauce <b>\$6.49 Combo</b> <b>\$4.49 A la Cart</b>	<b>Chili Lime Beef</b> Carved to Order <b>\$6.49 Combo</b> <b>\$4.49 A la Car</b>	<b>Salisbury Steak</b> Culinary inspired Salisbury Steak <b>\$6.49 Combo</b> <b>\$4.49 A la Car</b>
<b>#2 Main Plate</b>	<b>Kung Pao Chicken</b> Spicy Chicken Made with Peanuts and Vegetables (Vegan Option Available) <b>\$6.49 Combo</b> <b>\$4.49 A la Cart</b>	<b>Chicken Monterey</b> Baked Chicken Breast Served Covered in Monterey Jack Cheese and Avocado Slices <b>\$6.49 Combo</b> <b>\$4.49 A la Cart</b>	<b>Tricolored Stuffed Peppers</b> Mozzarella, Ricotta & Parmesan <b>\$6.49 Combo</b> <b>\$4.49 A la Cart</b>	<b>Chicken Enchiladas Verde</b> <b>\$6.49 Combo</b> <b>\$4.49 A la Cart</b>	<b>Salmon Cake</b> Cajun Dijon Baked Salmon Cake served with a Spicy Tartar Sauce <b>\$8.49 Combo</b> <b>\$6.49 A la Cart</b>
<b>J. CLARK'S GRILLE</b>	<b>Reuben Burger</b> Grilled Hamburger Topped with Corned Beef, Sauerkraut, Swiss Cheese, and Thousand Island Dressing <b>\$6.49</b>	<b>Fall Into Flavor</b> <b>Turkey, Cheddar, Bacon &amp; BBQ</b> <b>Panini</b> <b>\$5.49</b>	<b>French Dip</b> Tender Slow Roasted Beef on a French Baguette Served with Au Jus Dipping Sauce <b>\$5.49</b>	<b>Maple Glazed Turkey Burger</b> Roasted Onion, Whole Grain Mustard & Sweet Maple Glaze on a Whole Grain Roll <b>\$5.49</b>	<b>Goat Cheese and Spinach</b> <b>Quesadilla</b> Quesadilla Stuffed with Goat Cheese, Mozzarella, Spinach, Mushroom, Onions, and Red Peppers <b>\$5.49</b>
<b>#1 MARKET ST. DELI</b>	<b>Tiuna Melt on Multigrain</b> <b>\$5.49</b>	<b>Chili Hot Dogs with the works</b> <b>\$3.50</b>	<b>BLT Homestyle on wheat</b> <b>\$5.49</b>	<b>Grilled Zucchini &amp; Provolone</b> <b>\$5.49</b>	<b>Turkey &amp; Bacon Panini</b> <b>\$5.49</b>
<b>#2 MARKET ST. DELI</b>	<b>Waldorf Chicken Salad Pita</b> Shredded Chicken Breast, Grapes, Walnuts, Celery and Pepper Aioli served in a Pita Pocket <b>\$5.49</b>	<b>California Club</b> Turkey, Ham, and cheese with bacon topped with Avocado, lettuce, Tomato and Mayo on a Croissant <b>\$5.49</b>	<b>Chef Salad Wrap</b> Mixed Greens with Ham, Turkey, Cheese, Hard Cooked Eggs, Cucumbers and Tomatoes <b>\$5.49</b>	<b>Roast Beef, Blue Cheese,</b> <b>Caramelized Onion</b> Served on a Baguette <b>\$5.49</b>	<b>Chicken Caesar Wrap</b> Chicken Breast with Chopped Romaine, Parmesan Cheese, Caesar Dressing <b>\$5.49</b>
<b>Healthy Choice Salad</b>	<b>Blueberry Pecan Grilled Chicken on Greens</b>	<b>Asian Crispy Chicken Salad</b>	<b>3 Bean Salad on Greens</b>	<b>Turkey Cobb Salad</b>	<b>Antipasta Salad</b>
<b>VILLA TOSCANA</b>	<b>Chicken Pesto</b> Seasoned Chicken, Mozzarella, and Pesto Sauce <b>\$4.09</b>	<b>White Pie</b> Ricotta, Tomato, and Basil <b>\$4.09</b>	<b>Roasted Garlic, Spinach, and Ricotta</b> Roasted Garlic, Sautéed Spinach, Ricotta, Mozzarella, Diced Tomatoes, and Pizza Sauce <b>\$4.09</b>	<b>Cheesesteak Pizza</b> Seasoned Beef, Diced Tomatoes, Cheddar and Mozzarella Cheese, and Pizza Sauce <b>\$4.09</b>	<b>Chicken Fajita Pizza</b> Grilled Chicken, Peppers, Onions, Mozzarella, and Salsa <b>\$4.09</b>
<b>du Jour</b>	<b>Split Pea with Ham</b>	<b>Beef Chili</b>	<b>Beef &amp; Black Bean</b>	<b>Posole Verde with Chicken</b>	<b>Potato &amp; Kale</b>

Thoroughly cooking meats, seafood, and eggs reduces risk of foodborne illness

SCAN ME WITH  
YOUR PHONE

