

Week 1

Weekly Menu

	Monday 03/16/20	Tuesday 3/17/20	Wednesday 3/18/20	Thursday 3/19/20	Friday 3/20/20
Day Breakers	Spinach & Mushroom Omelet \$3.49	Pumpkin French Toast \$3.49	Egg, Ham and Cheese Quesadilla \$3.49	Big Rancho Breakfast Wrap \$3.49	Steak, Egg and Cheese Croissant \$3.49
	Scrambled, Hardboiled, and Cheese Eggs, Breakfast Potatoes, Bacon, Sausage, and other Early Morning Favorites Served Daily				
<i>Main Plate</i>	Hand Carved Herb Roasted Turkey Marinated with Sage, Thyme & Rosemary \$6.49 Combo \$4.49 A la Cart	Hoisin BBQ Ribs Tender Roasted Country Style Ribs Topped with House made Hoisin BBQ Sauce \$6.49 Combo \$4.49 A la Cart	Roast Pork & Caramelized Apples Tender, Slow-Roasted Pork Loin Topped Cinnamon Brown Sugar Apple Compote \$6.49 Combo \$4.49 A la Cart	Chicken Chesapeake Roasted Chicken Breast Topped with Crab Imperial and Baked to Perfection \$7.49 Combo \$5.49 A la Cart	Fajitas Friday Beef, Chicken or Vegetable Fajitas Served with Two Corn Tortillas, White Rice, Black Beans & Corn \$7.49 Combo \$5.49 A la Cart
<i>Main Plate</i>	Salmon Florentine Tender Baked Salmon Topped w/ Creamy Spinach & Mushrooms \$7.49 Combo \$5.49 A la Cart	Orange Soy Chicken Baked Boneless Chicken Breast Tossed in a Citrus Soy Ginger Marinade \$6.49 Combo \$4.49 A la Cart	Chili Mac Elbow Macaroni tossed with Sharp Cheddar & Monterrey Jack & Beef Chili \$6.49 Combo \$4.49 A la Cart	Shepherd's Pie Ground Beef, Peas & Carrots topped with Silky Mashed Potatoes \$7.49 Combo \$5.49 A la Cart	
J. CLARK'S GRILLE	Smoked Turkey Panini Bacon, Havarti Cheese, Baby Spinach, Garlic Aioli pressed on Sourdough Bread \$5.49	Three Cheese Grilled Cheese Mozzarella, Monterrey & Gouda on Homestyle White Bread \$5.49	Caprese Turkey Burger on Whole Wheat Bun Seasoned Turkey Burger with a Bruschetta Topping, Basil Pesto Sauce and Mozzarella Cheese \$5.49	Broccoli & Cheese Quesadilla Mozzarella, Monterrey, Broccoli & Fresh Cilantro in a Flour Tortilla \$5.49	Grilled Salmon Filet Sandwich Salmon Filet Grilled and Topped with Spinach and Asian Slaw Served on a Kaiser Roll \$6.49
MARKET ST. DELI	Kentucky Club Ham, Turkey, Bacon & Provolone w/ BBQ Sauce & Romaine Lettuce \$5.49	Hummus, Avocado and Roasted Vegetable Wrap Hummus with Fresh Avocado and Roasted Vegetables \$5.49	Chesapeake Seafood Salad Sandwich Seafood Salad with Your Choice of Cheese, Green Peppers, and Sweet Tartar Sauce on a Kaiser Roll \$6.49	Italian Sub Wrap Turkey, Ham, Salami, Provolone Cheese, Lettuce, Tomato, Onion, and Italian Dressing \$5.49	Turkey Cranberry Croissant Turkey with Bacon, Swiss Cheese, Fresh Spinach and Cranberry Mayo \$5.49
VILLA TOSCANA	Meat Lovers Pizza Bacon, Sausage, Ham, Pepperoni, & Mozzarella \$4.09	Vegetable Supreme Mushrooms, Peppers, Tomatoes, Onions, and Black Olives \$4.09	BBQ Chicken Seasoned Chicken Breast, Onions, Mozzarella, and BBQ Sauce \$4.09	Mac & Cheese Pizza Cheesy & Delicious! \$4.09	Taco Pizza Taco Meat, Shredded Cheddar & Monterey Jack Cheese, Diced Tomato, Shredded Lettuce drizzled with Salsa & Sour Cream \$4.09
du Jour	Black Bean & Sausage Sweet Potato & Pumpkin (VB)	Beef Chili Cream of Tomato Soup (VB)	Chicken Tortellini Vegetarian Chili (VB)	White Chicken Chili Minestrone (VB)	Chicken Noodle Soup Potato Vegetable Soup (VB)
Gluten Free Vegetarian	<i>Thoroughly cooking meats, seafood, and eggs reduces risk of foodborne illness</i>			SCAN ME WITH YOUR PHONE	