

Weekly Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Day Breakers	Farmer's Omelet \$3.49	Peanut Butter Lovers' Pancakes \$3.99	Sausage & Cheddar Egg Scramble \$3.99	Vegetable Egg White Frittata \$3.49 	Southwest Scramble Flatbread \$3.99
	Scrambled, Hardboiled, and Cheese Eggs, Breakfast Potatoes, Bacon, Sausage, and other Early Morning Favorites Served Daily				
<i>Main Plate</i>	Roast Pork Loin With a fall into flavor featured sauce. \$6.49 Combo \$4.49 A la Carte	Taco Tuesday A variety of proteins & toppings \$6.49 Combo \$4.49 A la Carte	General Tso's Chicken Crispy chicken tossed with broccoli and a sweet and spicy sauce. \$6.49 Combo \$4.49 A la Carte	Parmesan Pesto Cod Cod baked with parmesan cheese & topped with a tomato pesto sauce. \$7.48 Combo \$5.49 A la Carte 	Chicken Sofrito Seasoned Chicken breast topped with sofrito spread & baked to perfection \$6.48 Combo \$4.49 A la Carte 
<i>Main Plate</i>	Vodka Pasta Bake Penne, mozzarella, mushrooms, bell pepper & tomato sauce \$6.49 Combo \$4.49 A la Carte	Thai Beef Curry Tender beef tips sauteed with fresh vegetables in a yellow Thai curry sauce.. \$6.49 Combo \$4.49 A la Carte 	Three Cheese Lasagna Layers of pasta baked with ricotta, parmesan, mozzarella and marinara. \$6.49 Combo \$4.49 A la Carte	Italian Herb Tilapia Baked tilapia topped with panko herb bread crumbs. \$7.49 Combo \$5.49 A la Carte   	
J. CLARK'S GRILLE	Philly Cheesesteak Flatbread Melt Philly steak, peppers, onions and marinara sauce grilled inside an oven fired flat bread with mozzarella. \$5.49	Sausage Peppers and Onions Grilled Italian sausage, sauteed onions and bell peppers on a hero roll. \$5.49	Baja Fish Tacos Crispy baked fish in a corn tortilla with bandera salsa & sour cream mayo \$6.49 	Patty Melt on Texas Toast Fresh beef patty with sauteed onions and swiss grilled on teexas toast. \$5.49	Cuban Sandwich Roasted pork, ham, swiss cheese, dill pickles & yellow mustard on a baguette roll. \$5.49  
MARKET ST. DELI	Honey Mustard Ham Pretzel Sandwich Smoked ham, provolone cheese and honey mustard dressing on a bavarian pretzel roll \$5.49	Classic Italian Ham, salami and provolone with lettuce, tomato, onion, oil & vinegar on a sub roll \$5.49	Portobello & fresh Mozzarella Roasted portobello, fresh mozzarella and caramelized onions on a ciabatta roll. \$5.49 	Buffalo Chicken Wrap Chicken tenders, Frank's hot sauce, romaine lettuce and blue cheese dressing rolled in a flour tortilla. \$5.49	Caprese Sandwich Fresh mozzarella, tomato and roasted peppers with baby spinach & balsamic vinaigrette on a ciabatta. \$5.49
VILLA TOSCANA	Cheeseburger Ground beef, bell pepper, mozzarella, monterey jack and \$4.09	Margherita Fresh mozzarella, basil and tomato with pizza sauce. \$4.09	Italian Sausage Sliced Italian sausage, red bell peppers, banana peppers, mozzarella and pizza sauce. \$4.09	Mushroom sliced portobello and button mushrooms, mozzarella, parmesan and pizza sauce. \$4.09	Pepperoni Pepperoni, mozzarella, & pizza sauce \$4.09
du Jour	Lentil Soup with Cilantro and Orzo Maryland Crab	Potato Leek Louisiana Chicken and Shrimp Gumbo	Firehouse Chili Turkey Noodle	Sweet Potato Pumpkin Italian Wedding	French Market Soup Caramelized Onion

Dietician's Choice



= Better-for-You Choices at Every Meal

Thoroughly cooking meats, seafood, and eggs reduces risk of foodborne illness

